



VOLUNTEER NEEDS

2008

August 23-24, 2008

Atkins Elementary: 217 4th

*All times approximate, subject to change

Registration/Rider Check-in - (also available on Friday evening, August 22nd at Friday Night Fuel-up event) - Saturday - check-in riders and collect their pledges.

Rest Stop Personnel - (*both days required*)

along the ride route, and encourage riders. Includes set up prior to the event and break down and clean up of the site after the event. Food and beverages provided by the MS Society. Groups are encouraged to staff the rest stops and choose from the theme holiday rest stop ideas! Make it fun for the riders; prizes will be given out for the best rest stop location!

Finish Line Personnel

riders using master list, give riders event information, visit and congratulate riders as they recover from the ride. Encourage them to help cheer other riders as they come in and to hang around until the tour is over. Help serve finish line meal and ensure drink coolers are stocked.

Saturday and/or Sunday 10:30 AM-4:00 PM

SAG Drivers - Drive MS Society vehicle along the route with a HAM Radio operator. Look for weary riders and/or anyone that needs assistance. Feel free to stop them and wait with them while they rest. If possible encourage them to take a ride up to the next rest stop. Encourage riders as you travel the route.

Saturday and/or Sunday 6:30 AM-4:00 PM

Road Marshals

potentially confusing areas.

Times vary due to location!



REST STOPS

All times are approximate within 30-60 minutes, subject to change. Exact times, rest stop locations, driving directions, and what is supplied will be provided to volunteer(s). Volunteers will be notified of any changes at least one week prior to the event.

Rest stop volunteers are asked to do the following:

- Work a rest stop **during both days** volunteers each day as long as there is one point of contact for the group)
- ***Pick-up supplies*** opening
- your stop more festive (noisemakers, decorations, homemade goodies, etc. Please umbrella, shade for yourself, lawn chairs, etc.

Please contact Maureen Rohlfs at 319-447-1800 ext. 200 Maureen.rohlfs@nms.org more information on rest stops or other volunteer positions.

These are the different times that are available for the rest stops

Rest stop times and locations (Saturday):

Saturday			
Approx Miles	Location	Open	Close
5	Newhall	7:00am	8:30am
12	Van Horne	7:20am	9:30am
18	Keystone	7:30am	10:00am
24	Elberon	7:45am	10:30am
28	Vining	8:00am	11:30am
36	Clutier	8:30am	1:00pm
43	E-29	9:00am	3:00pm
54	Garwin	9:15am	4:30pm
62	Green Mountain	10:00am	5:30pm



Continue rest stop times and locations (Sunday):

Sunday			
Approx Miles	Location	Open	Close
10	Green Mountain	7:15am	8:45am
18	Garvin	7:30am	10:00am
29	E-29	8:00am	12:00pm
36	Clutier	8:15am	12:30pm
44	Vining	8:45am	2:30pm
48	Elberon	9:00am	3:15pm
54	Keystone	9:15am	4:15pm
60	Van Horne	9:20am	5:15pm
65	Newhall	9:45am	6:00pm

Theme Rest Stops!

	Locations (same for both days)	Holiday (same them for both days)
1.	Newhall	Valentines Day
2.	Van Horne	Marti Gas
3.	Keystone	St. Patrick's Day
4.	Elberon	Easter
5.	Vining	4 th of July
6.	Clutier	Election Day
7.	E-29	Halloween
8.	Garvin	Thanksgiving
9.	Green Mountain	Christmas
10	Marshalltown	New Year's Day
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Bike Volunteer Registration Form

First Name Last Name

Address City State

Zip

Phone Cell phone

Email address

Date of birth

Circle one of the volunteer opportunities and you would like to help with this year:

Registration/Rider Check-in for Friday night Fuel up

Rest Stop Personnel which location: _____

Finish Line Personnel (Saturday in Marshalltown)

Finish Line Personnel (Sunday in Atkins, Iowa)

SAG Driver

Road Marshal

***Please note that we will have mandatory volunteer orientation on two different dates that you can choose from Aug. 4th & Aug. 6th at the National MS Society 5250 North Park Place Ste. 109 Cedar Rapids, Iowa 52402 319.447.1800 ext.200 Please call by Aug. 1st to let me know which orientation you would like to join!**

Please mail this form back to the National MS Society at 5250 North Park Place Ste. 109 Cedar Rapids, Iowa 52402 or fax it to: 319.447.1804